



筲箕灣崇真學校 家長講座

「推動親子英語伴讀工作坊」

講者：鍾明慧M.A.

26/11/2021

My Background

- M.A. in Psychology in Education (Columbia)
- Principal of Story Jungle
- Founder of REACH reading charity
- Women of Excellence Award Recipient 2020
- 18 years teaching & consulting experience
- Mother of P3 and P1 boys





Our Story Tree

Reading is the key factor in language fluency & enjoyment!

Must equip students with:

- good "roots" in Phonics
- strong "trunk" with Grammar + Writing

Borrow and read books to thrive and flourish!

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講者：鍾明慧M.A.

25/6/2021

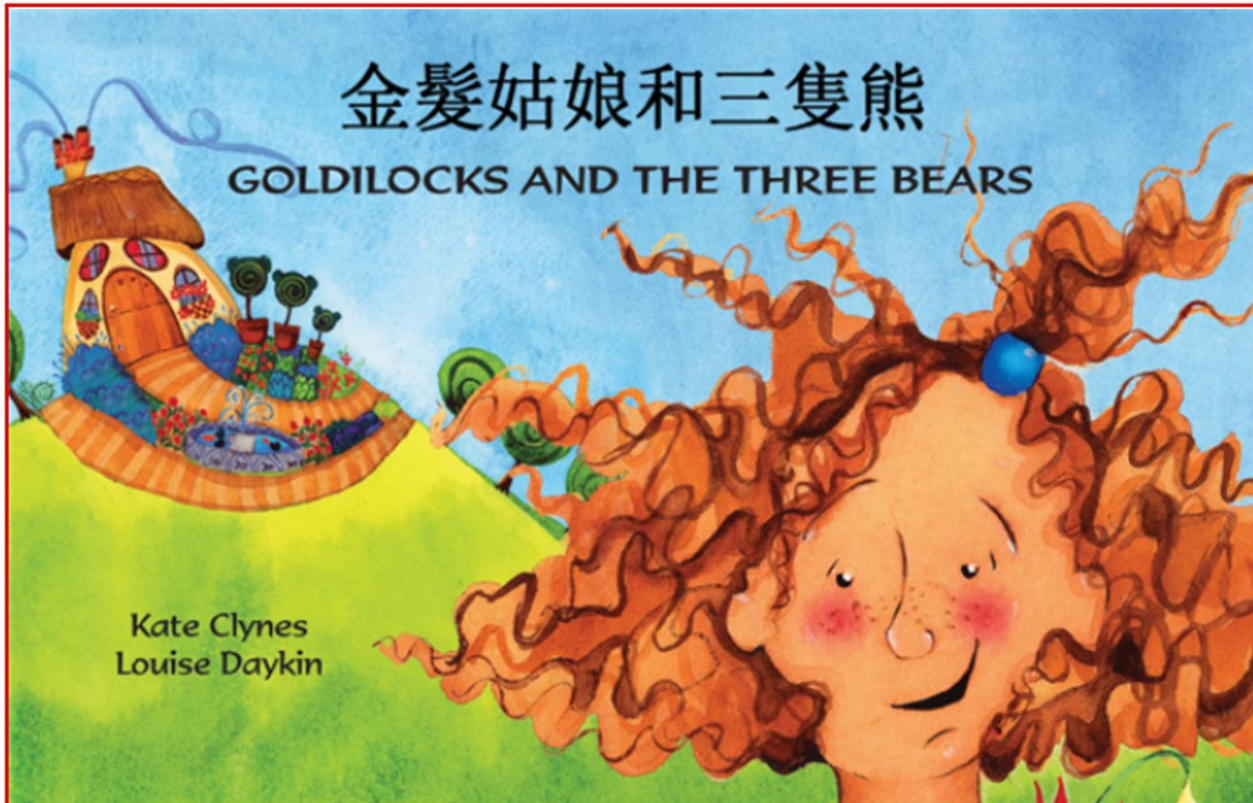
複雜的事簡單做：首先把英語閱讀 簡化+細分



1. 英語學習

- 在香港，我們的孩子是需要懂得如何學習
兩文三語！
- 學習中文和學習英文有如何分別？

認字能力： 中文、英文不同的地方



中文閱讀能力： 認字

英文閱讀能力： 解碼
(Decoding)

<https://www.language lizard.com/Goldilocks-and-The-Three-Bears-Bilingual-Book-p/goldch.htm>

中文 vs. English



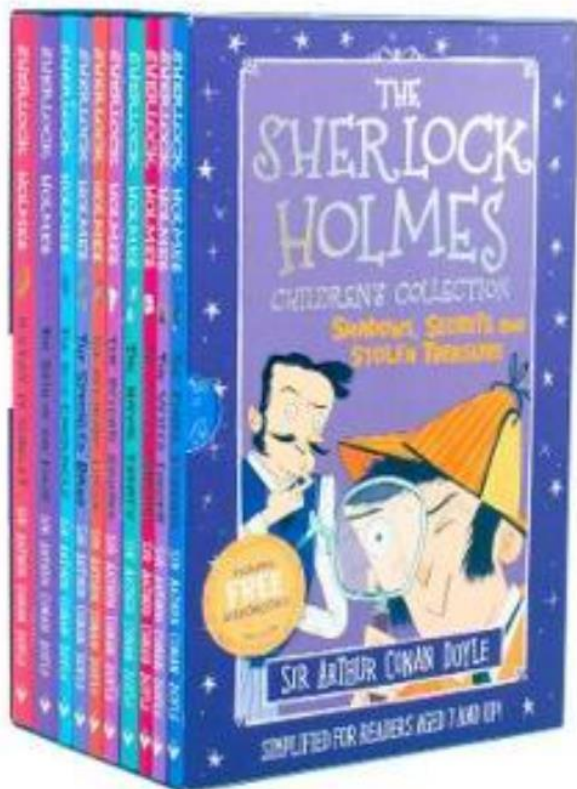
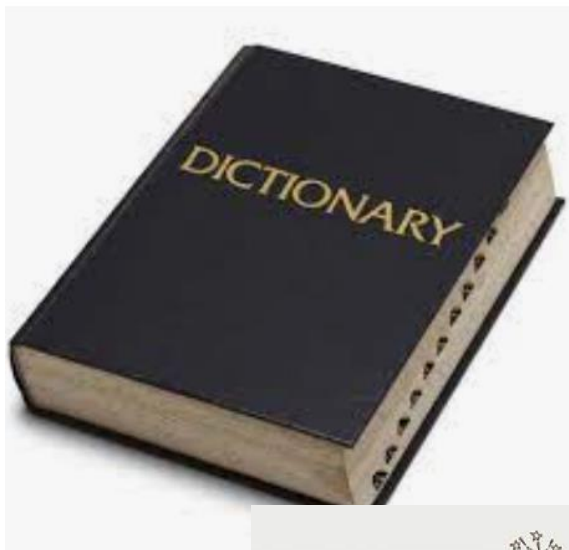


親子閱讀：理解 + 興趣

閱讀繪本是一個有效方法來提升小朋友英文詞彙和知識，啟發他們的思維。因為當家長做讀者，小朋友就可以好留心聆聽文字，專注理解內容。

實踐的困難

小四學生的故事



實踐的困難

WHEN IS THE BEST TIME TO RUN?

@RUNSTRONGRUN

MORNING

VS.

EVENING

PROS

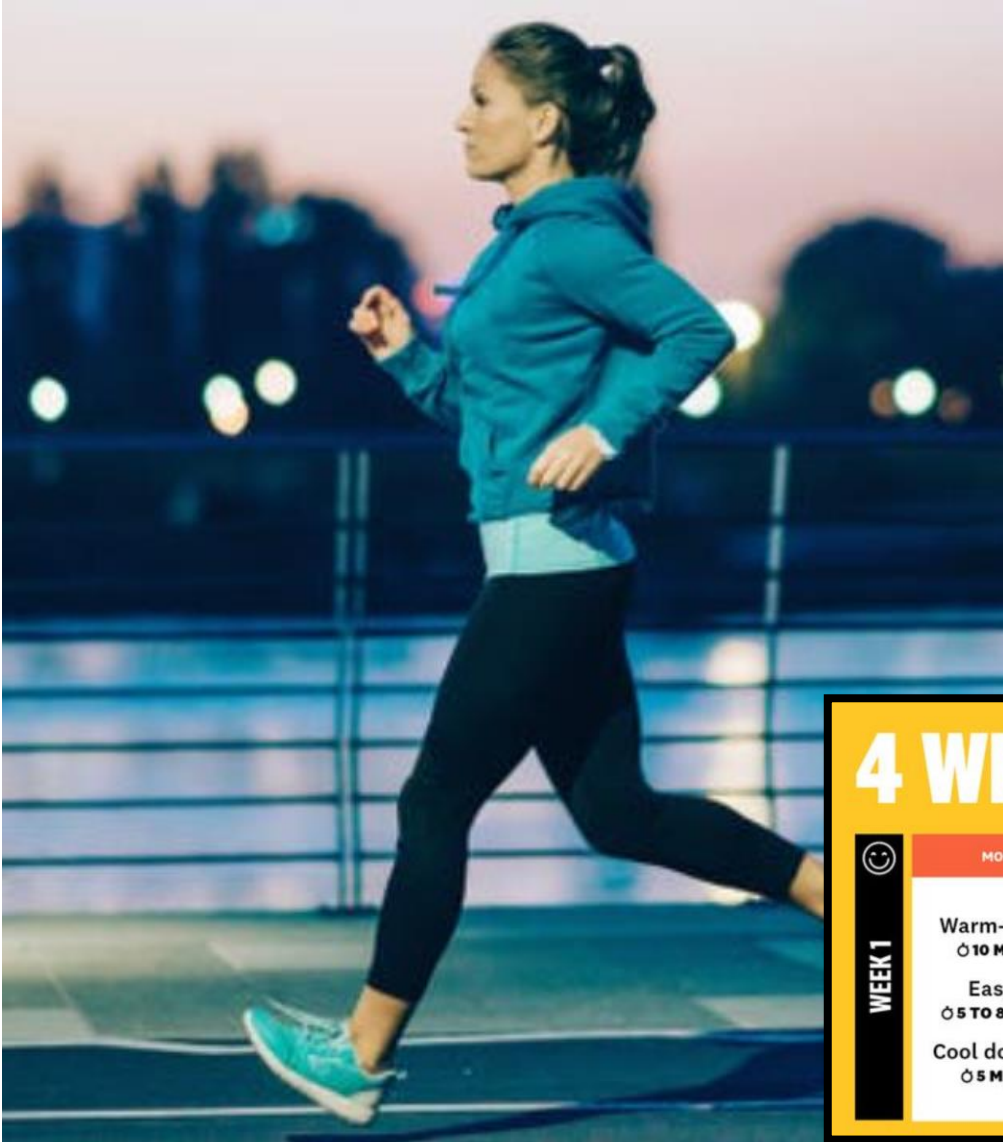
- lose weight, eat less
- build muscles
- better mood
- lower blood pressure

CONS

- injury prone
- high blood pressure
- low energy levels

- builds endurance
- reduced risk of injury
- fix internal body clock
- better muscle building

- environmental factors
- jobs / schedule conflicts
- may delay sleep



21-Day Stretching Challenge

Part One

1	<p>Butterfly 20 seconds</p>	<p>Pike Against Wall 20 seconds</p>
2	<p>Frog 25 seconds</p>	<p>Lunges 25 seconds each side</p>
3	<p>Straddle 30 seconds</p>	<p>Leg Holds 30 seconds each leg</p>
4	<p>Butterfly 35 seconds</p>	<p>Pike Against Wall 35 seconds</p>
5	<p>Frog 40 seconds</p>	<p>Lunges 40 seconds each side</p>
6	<p>Straddle 45 seconds</p>	<p>Leg Holds 45 seconds each leg</p>

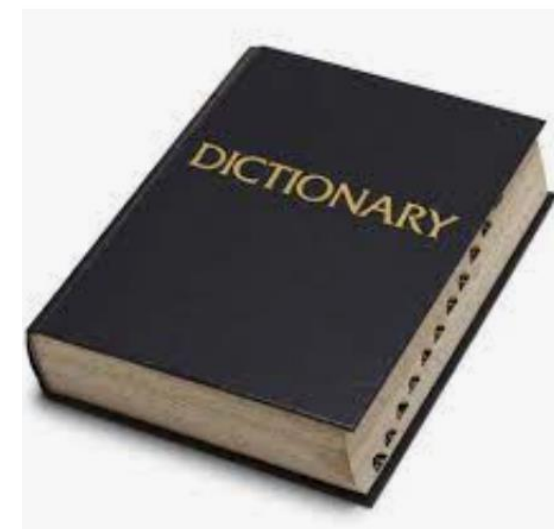
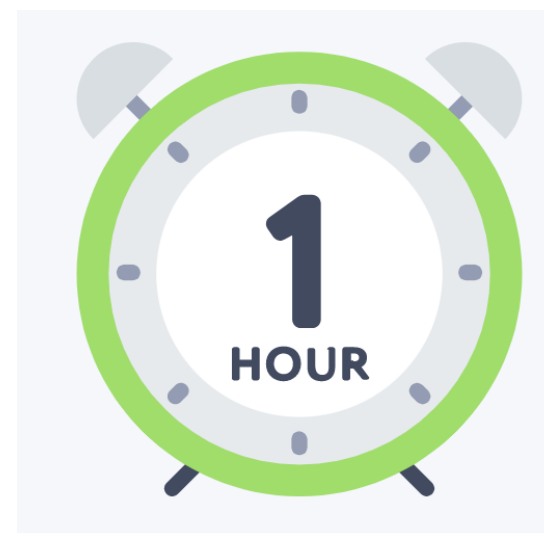
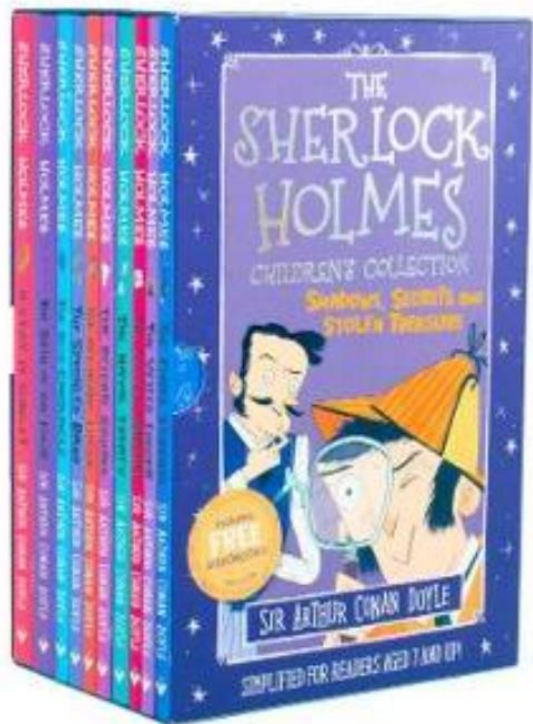


4 WEEK RUNNING PLAN

	MONDAY	TUES	WEDNESDAY	THUR	FRI	SATURDAY	SUN
WEEK 1	Warm-up walk ○ 10 MINUTES		Warm-up walk ○ 10 MINS			Warm-up walk ○ 5 MINS	
	Easy run ○ 5 TO 8 MINUTES	x	Run during chorus, walk during verse ○ 3 SONGS	x	x	Easy run ○ 10 MINUTES	x
	Cool down walk ○ 5 MINUTES		Cool down walk ○ 5 MINS			Cool down walk ○ 5 MINS	

實踐的困難

小四學生的故事



有效率的親子閱讀

1. 時間運用
2. 首先利用家裏的資源
(textbooks, readers, YouTube, Google)
3. 完善地利用書籍
4. **ENJOY and HAVE FUN**

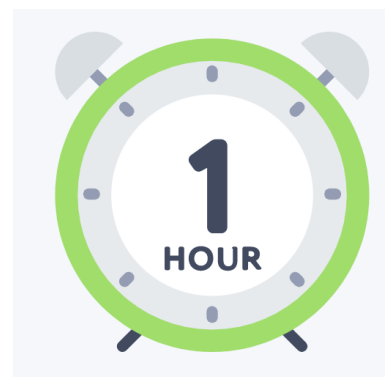


有效率的親子閱讀



●時間運用

- 承諾每天給自己和孩子**15分鐘**
 - 上班/下班時
 - 洗手間
 - 上補習班途中/回家路途中



有效率的親子閱讀

首先利用家裏的資源
(textbook, YouTube, google)





有效率的親子閱讀

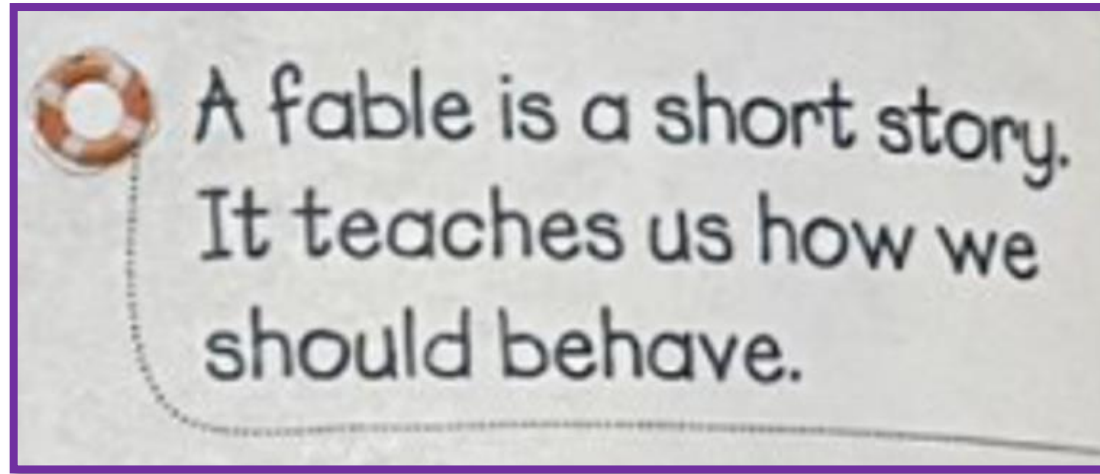
- 完善地利用書籍
 - 每次親子閱讀只做三件事情
 - 愉快的親子時間
 - 理解書籍內容
 - 三個閱讀的目標

有效率的親子閱讀

- ENJOY and HAVE FUN



Learning Point 1



He thinks every animal on his farm is important. We all do different jobs *but* each job is important! All the animals smile happily. They do not argue again.

**Even though we have different strengths,
we are all important!**

Learning Point 2:

Vocabulary

leader

strong

safe

different

important



Learning Point 3: (1 of the below)

Sentence Structures

-connectives “but”

He's tired **but** happy.

He is small, **but** his voice is loud.

-Where does/do...come from

Where do the eggs **come from**?

Where does all the cheese **come from**?



最重要/最棒的是：

在享受15分鐘親子閱讀時光之餘，還可以了解孩子的學習情況，

與他們進行有效的溝通交流。



Jenny is reading a myth at school.

Read the **first part** of the myth. Answer Questions 1 – 6.

Athena was a female god. She was the daughter of Zeus, king of all the gods. She always held a spear in her hand like a soldier and fought to protect her people.

Athena knew many things about farming and sailing. She was also good at making useful things.

The people of a new city wanted to choose a god. They held a competition to see who could give them the best gift. Athena and Poseidon, the god of the sea, both wanted to win. Poseidon gave the people a beautiful horse that could run fast. Athena's gift was a tree. Its wood was useful for making houses. Its fruit was like honey and was good for cooking.

Athena won the competition and the people named the city Athens.

Source: 2020-ENG-6ER1-15

Learning Points

1. Story Type: Myth (all about gods)





define: myth



All

Images

News

Videos

Maps

More

Tools

About 7,900,000,000 results (0.56 seconds)

Dictionary

Search for a word



myth

/mɪθ/

noun

1. a traditional story, especially one concerning the early history of a people or explaining a natural or social phenomenon, and typically involving supernatural beings or events.
"ancient Celtic myths"

Similar:

folk tale

story

folk story

legend

tale

fable

saga

allegory





athena



 All

 Images

 Maps

 News

 Videos

 More

Tools

About 222,000,000 results (0.55 seconds)



View all

Athena is **the Olympian goddess of wisdom and war** and the adored patroness of the city of Athens. A virgin deity, she was also – somewhat paradoxically – associated with peace and handicrafts, especially spinning and weaving. Majestic and stern, Athena surpassed everybody in both of her main domains.

<https://www.greekmythology.com> › Olympians

[Athena :: Greek Goddess of Wisdom and War](#)

Learning Points

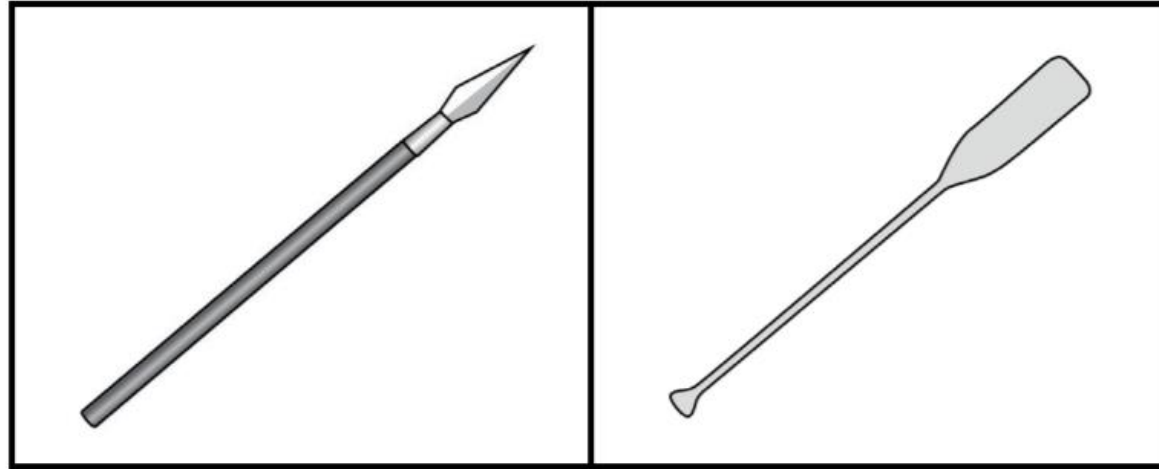
2. Vocabulary/ language: spear, 'like honey'

Athena was a female god. She was the daughter of Zeus, king of all the gods. She always held a spear in her hand like a soldier and fought to protect her people.

Athena's gift was a tree. Its fruit was like honey and was good for cooking.

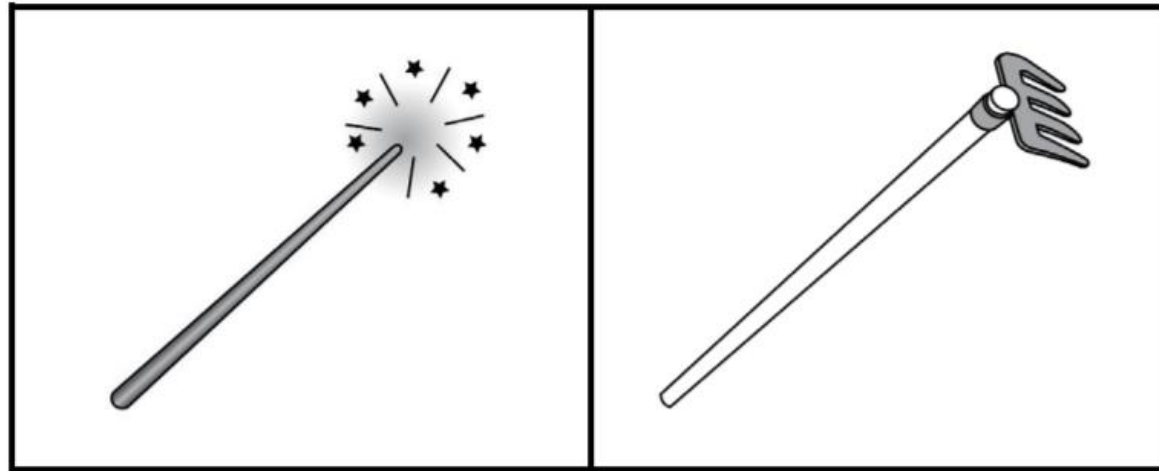
2. Which picture shows a 'spear' (line 2)?

2020-ENG-6ER1-15



☐ A.

☐ B.



☐ C.

☐ D.

5. In line 10, 'was like honey' means the fruit _____.

- ☐ A. was not fresh
- ☐ B. had a bad taste
- ☐ C. was delicious
- ☐ D. was made by bees

Learning Points

3. Knowledge: Greek mythology, Greece, Athens





Athens



Q All

📍 Maps

Images

📰 News

📺 Videos

⋮ More

Tools



ancient



acropolis



greece



city



map



olympic stadium



plaka



Athens | History, Population, Landmarks ...
britannica.com



17 best things to do in Athens - Lonely ...
lonelyplanet.com



Athens, Greece - Tripadvisor
tripadvisor.co.nz



Why does Athens look so quirky? - BBC ...
bbc.com



A Guide to Athens, Greece - Travel Dudes
traveldudes.com



How to spend a perfect day in Athens ...
lonelyplanet.com



The Olympic Games, which originated in **ancient Greece** as many as 3,000 years ago, were revived in the late 19th century and have become the world's preeminent sporting competition. ... The first modern Olympics took place in 1896 in Athens, and featured 280 participants from 12 nations, competing in 43 events. 6 Jan 2010

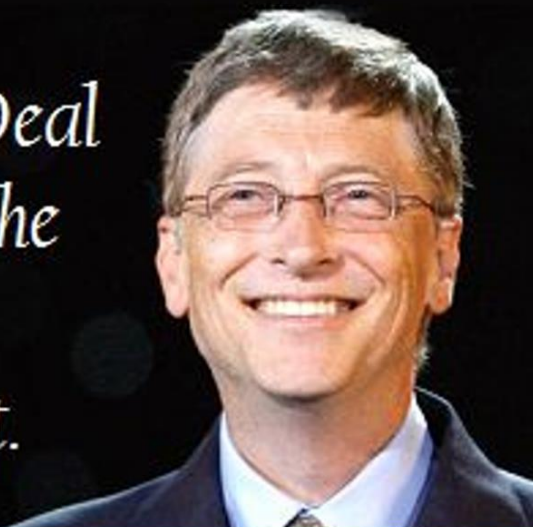
<https://www.history.com> › topics › sports › olympic-games ⋮

The Olympic Games - HISTORY

Authentic Children's Literature

*I Really Had a Lot of
Dreams When I Was a
Kid,*

*And I Think a Great Deal
of That Grew Out of The
Fact That I Had a
Chance To Read a Lot.*



➔ **Bill Gates:** 成功要訣是閱讀。閱讀是促使革新和創意思考的來源！

➔ **Steve Jobs:** 我能夠擁有豐富的創造力都是深受小時候所閱讀不同類型的書籍所影響。



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